### ORIGINAL PAPER





# Advancing research opportunities and promoting pathways in graduate education: a systemic approach to BUILD training at California State University, Long Beach (CSULB)

Guido G. Urizar Jr<sup>1\*+</sup>, Laura Henriques<sup>2+</sup>, Chi-Ah Chun<sup>1</sup>, Paul Buonora<sup>3</sup>, Kim-Phuong L. Vu<sup>1</sup>, Gino Galvez<sup>1</sup> and Laura Kingsford<sup>4</sup>

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#### Abstract

Background and purpose: First-generation college graduates, racial and ethnic minorities, people with disabilities, and those from disadvantaged backgrounds are gravely underrepresented in the health research workforce representing behavioral health sciences and biomedical sciences and engineering (BHS/BSE). Furthermore, relative to their peers, very few students from these underrepresented groups (URGs) earn scientific bachelor's degrees with even fewer earning doctorate degrees. Therefore, programs that engage and retain URGs in health-related research careers early on in their career path are imperative to promote the diversity of well-trained research scientists who have the ability to address the nation's complex health challenges in an interdisciplinary way. The purpose of this paper is to describe the challenges, lessons learned, and sustainability of implementing a large-scale, multidisciplinary research infrastructure at California State University, Long Beach (CSULB) – a minority-serving institution – through federal funding received by the National Institutes of Health (NIH) Building Infrastructure Leading to Diversity (BUILD) Initiative.

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\* Correspondence: guido.urizar@csulb.edu

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#### Additional files

Additional file 1: Selected list of past and current student research training programs at California State University, Long Beach (CSULB). This file includes a selected list of past and current student research training programs at CSULB by program name, dates of operation, program methods and objectives, and key findings and results. (DOCX 22 kb)

Additional file 2: Overview of student learning goals and skill development from research curriculum at California State University, Long Beach (CSULB). This file includes an overview of the student learning goals for each of the courses developed to be part of the BUILD (and campus) research curriculum. (DOCX 22 kb)

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## Availability of data and materials Not a data-based article.

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#### Authors' contributions

This manuscript included writing contributions by all of the authors representing their different roles on the CSULB BUILD initiative. The first two authors (Urizar and Henriques) provided extensive work in writing different sections of the manuscript while providing final edits to make sure that all sections met journal guidelines. All authors have read and consented to the authorship on this version of the manuscript.

#### Authors' information

Guido G. Urizar Jr. (BUILD Principal Investigator), Chi-Ah Chun (BUILD program director, Student Training Core), Kim Vu (BUILD program director, Institutional Development Core), and Gino Galvez (CSULB BUILD evaluation consultant) are in the Department of Psychology at California State University, Long Beach (CSULB). Laura Henriques (BUILD community college coordinator) is in the Department of Science Education at CSULB. Paul Buonora (BUILD program director, Research Enrichment Core) is in the Department of Chemistry and Biochemistry at CSULB. Laura Kingsford (BUILD Principal Investigator) is the Dean of the College of Natural Sciences & Mathematics at CSULB.

#### Ethics approval and consent to participate

The CSULB BUILD Initiative was conducted in full compliance with ethical standards and approved by the Institutional Review Board at California State University, Long Beach.

Consent for publication Not applicable

#### Competing interests

There are no conflicts of interest in this manuscript with any of the authors in any way.

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#### Author details

<sup>1</sup>Department of Psychology, California State University, Long Beach, CA 90840, USA. <sup>2</sup>Department of Science Education, California State University, Long Beach, CA 90840, USA. <sup>3</sup>Department of Chemistry & Biochemistry, California State University, Long Beach, CA 90840, USA. <sup>4</sup>College of Natural Sciences & Mathematics, California State University, Long Beach, CA 90840, USA.

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